

Adventure Unlimited

Walking Group Leader Assessment Course

Introduction

The Walking Group Leader Scheme is designed for leaders of hill walking groups in defined terrain and conditions. Suitable terrain is open, uncultivated, non-mountainous high country, that is easily exited in a few hours. Movement on steep or rocky terrain, is not apart of the WGL syllabus, nor is camping in remote locations. .

The following are a few notes from the MLTE regarding the scheme:

“The quality of a hill walking day is the cornerstone of a prospective leader’s experience. Many factors such as weather, the nature of the ground, the terrain and the physical and mental challenges will affect such days.”

“Completion of a training course is not a qualification in itself.”

“The WGL is the basic award for leaders of hill walking groups in defined terrain...known variously as upland, moor, bog, fell, hill, or down.”

Syllabus

The MLTE have recognised the following areas as the responsibility of the Walking Group Leader. They will be tested during your WGL assessment so it is important to have a good understanding of them.

- 1Walking and Route Finding
- 2Navigation
- 3Hazards and Emergency Procedures
- 4Equipment
- 5Responsibilities of the leader and group management
- 6The overnight experience
- 7Access and conservation
- 8Environmental Knowledge
- 9Weather

For more details refer to the Walking Group Leader training scheme prospectus and syllabus.

Programme

The course lasts 3 days. The assessment will cover all the areas of the syllabus and will include both practical and written elements.

Topics covered during the assessment-

- Practical navigation
- Walking skills and route finding
- Weather
- The overnight experience
- Environmental knowledge
- Responsibilities of the leader and group management
- Equipment for group use
- Access and conservation
- Hazards and Emergency Procedures

Day 1:

TIME 9.30 am

MEETING PLACE Padley Farm B+B
Dungworth Green
Sheffield
S6 6HE

REQUIREMENTS 1:25000 Outdoor Leisure map for Dark Peak (1), 1:50000 Landranger map for Sheffield (110) & compass. Be prepared for a day in the outdoors. Suitable clothing and footwear should be worn. Please supply your own food. Bring your MLTE logbook, registration number and date. Personal transport will be used throughout the assessment.

Day 2:

TIME 9.30 am

MEETING PLACE To be confirmed on Day 1.

REQUIREMENTS 1:25000 Outdoor Leisure map for Dark Peak (1), and 1:50000 Landranger map of Sheffield (110) & compass. Be prepared for a day in the outdoors.

Day 3:

TIME 9.30am

MEETING PLACE To be confirmed on Day 2.

REQUIREMENTS 1:25000 Outdoor Leisure map for Dark Peak (1),
1:50000 Landranger map for Sheffield (110) & compass. Be prepared for a day
in the outdoors. Suitable clothing and footwear should be worn. Please supply
your own food.

Equipment Required

Key: ✓ = "required" ** = "optional"

Equipment Required	✓
1 – 3 Season walking boots	✓
Lightweight walking clothing	✓
Map, compass + map case	✓
Pen/pencil + paper	✓
Water bottle (at least 1 litre)	✓
Personal First Aid kit	✓
MLTE log book- on 3rd day	✓
Warm socks	✓
Long sleeve mid layer	✓
Water proof jacket + trousers	✓
Pair of glove	**
Warm woolly/fleece hat	**
Head torch	✓
Skiing goggles/sunglasses	**
Rucksack with waterproof liner	✓
Insect repellent/sun screen	**
Walking poles	**
Lip salve	**
Camera	**
Thermos flask	**
Extra chocolate/rations.	✓

For MLTE courses the board stipulates a minimum of 4 candidates have to attend the course for it to run.